Jessica Hansen PLLC
5400 Holiday Terrace, Suite 200A   Kalamazoo, MI 49009
www.jhansencounseling.com
Phone (269) 520-0050   Fax (269) 520-0051
jessica@jhansencounseling.com

Today's Date:________________________

PERSONAL INFORMATION

*(If couple/family therapy please indicate with an * which client should be billed for insurance purposes)*

Client Name: ______________________________
DOB:__________ **Primary Phone**: ____________________
Gender:____________________
E-Mail: ______________________________

Client Name: ______________________________
DOB:__________ **Primary Phone**: ____________________
Gender:____________________
E-Mail: ______________________________

Address: ______________________________
City: ______________________________
State:____________________ **Zip:** ____________________

Alternate Phone: ______________________________

If I need to reach you, may I leave/send you a message?

Primary Phone: □ Yes □ No
Alternate Phone: □ Yes □ No
Email: □ Yes □ No

Any specific instructions: ______________________________
____

Employment Status:

□ Employed □ Unemployed □ Disabled
□ Retired □ Student

EMERGENCY CONTACT

Relative or friend to contact in case of an emergency:
____

Relationship to Client: ______________________________
Phone: ______________________________

REFERRAL INFORMATION

Whom may I thank for referring you:

□ Self-Referred □ Primary Care Physician □School
□ Psychiatrist □ Friend □ Relative
□Web/Social Media
□ Other:______________________________

INSURANCE/PAYMENT

Primary Insurance

Policy Holder's Name: ______________________________
Relationship to Client: ______________________________
Policy Holder's DOB: ______________________________
Policy Holder's Gender: ______________________________
Policy Holder's Home Address (if different):
____
Insurance Company:______________________________
Insurance Company Phone: ______________________________
Policy Holder's ID#: ______________________________
Group #:______________________________
Employer Name: ______________________________

Secondary Insurance (if applicable)

Policy Holder's Name: ______________________________
Relationship to Client: ______________________________
Policy Holder's DOB: ______________________________
Policy Holder's Home Address (if different):
____
Insurance Company:______________________________
Insurance Company Phone: ______________________________
Policy Holder's ID#: ______________________________
Group #:______________________________
Employer Name: ______________________________

□ **EAP Services**:______________________________

□ **I prefer to pay directly for services and will not be using insurance.**

Responsible Party: ______________________________
SSN: ______________________________
Address: ______________________________
City: ______________________________
State:____________________ **Zip:** ____________________
Phone:______________________________
E-Mail: ______________________________

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1. **APPOINTMENTS**: Each appointment is approximately 45-60 minutes in duration. Frequency, duration, and goals of therapy will be based on the individual, couple, or family's need and discussed during your initial appointment. If you would like to receive appointment reminders **please <u>initial</u> next to ONE option**.

   _____ (***please initial)*** Via text message to cell phone number (text message rates may apply): ____________________
   _____ ***(please initial)*** Via email to the following email address:____
   _____ ***(please initial)*** Via automated phone message to home or cell phone number: ___________________________

   By signing up for appointment reminders you are waiving your right to keep this information completely private and are requesting that it be handled as you have indicated above.

2. **PAYMENTS AND INSURANCE**: All fees (co-pays, deductibles, document preparation, etc.) are due at the time of service, unless other arrangements are documented in writing. A valid credit or debit card will be stored securely in your electronic account and will be charged following each session for the amount equal to your copay or payment due. You may change your stored payment method at any time or you may choose to pay by cash or check at the time of service. Jessica Hansen PLLC will bill your insurance for you; however, it is the client's responsibility to verify insurance coverage, as well as additional fees or amounts owed toward deductible. Failure to obtain pre-authorization for services may result in client responsibility for full fee. For clients who have Medicaid: some specific HMO Medicaid plans are accepted. It is the responsibility of the client for full payment of services if insurance denies payment. Any balances not paid within 3 months may be subject to being sent to a collection agency. By signing below, the client authorizes the disclosure of personal information necessary for debt collection.

   Credit/Debit card number:____
   Expiration date: _______ **CCV:** __________ **Name on card:** ____
   Address on card: ____
   ______***By initialing you authorize this card to be stored and used as a method of payment for co-pays, deductible payments, missed appointments/late cancellations, document preparation, and/or participation in legal/court proceedings.***

3. **CANCELLATIONS**: If an appointment needs to be rescheduled or canceled, a 24-hour notice is required. If such notice is not provided a fee of $65 will be added to your account balance. Payment of this fee is due prior to any further services rendered. Insurance companies do not reimburse for missed appointments, and you will be directly responsible for the cancellation/missed appointment fee.

   ______***By initialing you authorize Jessica Hansen PLLC to charge your credit/debit card the fee as indicated above for any cancellations/missed appointments. (Medicaid clients please discuss the cancellation policy with your clinician.)***

4. **EMERGENCY PROCEDURES**: If you are experiencing a mental health emergency please contact Gryphon Place by calling (269) 381-HELP (4357). You may also contact 911 or go to your local emergency room.

5. **CONFIDENTIALITY**: Confidentiality is of the utmost importance in clinical care. All information regarding your treatment, including documentation such as clinical notes, evaluation reports, and process notes will be held in a locked and secured file within the counseling office suite. You may request in writing that this information be shared with any source you deem necessary. Additionally, for case outcome purposes, some de-identified data may be used for research purposes. You have the option to opt out of such data usage.

   Please initial (if couple/family therapy, please include all adults)

   ____Yes ____No I authorize benefits to be paid directly to my treatment provider.
   ____Yes ____No I consent to the use of electronic account usage and communications (email etc.).
   ____Yes ____No I have received a copy of the HIPAA Privacy Notice.
   ____Yes ____No I authorize the release of any medical information necessary to process my insurance claims.
   ____Yes ____No I consent to the exchange of treatment information between Jessica Hansen PLLC and my primary care physician.
   ____Yes ____No I authorize cross clinician communication for the purposes of consultation/supervision with any clinician within the counseling offices of 5400 Holiday Terrace, Suite 200A, Kalamazoo, MI 49009.

I acknowledge that I have read and understand all of the foregoing statements and that my signature below indicates that I agree to abide by all of the above conditions.

____ Date: ____________________
Client/Responsible Party Signature and Printed Name

____ Date: ____________________
Client/Responsible Party Signature and Printed Name

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MEDICAL INFORMATION

Primary Care Physician (PCP): ______________________

PCP Location: ____________________________________

PCP Phone Number: _______________________________

List any current health concerns: ___________________
____
____

Current Medications (Including Vitamins/Supplements): ____
____
____
____

List any prior surgeries or major injuries: ______________
____
____

Any family history of:
□ Thyroid Problems □ Diabetes □ Pituitary Problems

MENTAL HEALTH INFORMATION

What brings you in for services now?
____
____
____
____

List any prior counseling/psychological services:

□ Individual Counseling □ Psychological Testing
□ Couples/Family Counseling □ Psychiatric Hospitalization
□ Prescribed Psychiatric Medication

Providers and Approximate Dates Seen:
____
____
____
____

How would you describe your current concerns?
□ Mild □ Moderate □ Severe □ A Crisis

CURRENT CONCERNS (Please Mark All That Apply)

□ Excessive crying
□ Unable to have fun
□ Decreased energy
□ Feelings easily hurt
□ Lacking confidence
□ Feeling overwhelmed
□ Difficulty making decisions
□ Constipation
□ Diarrhea
□ Feeling panicky
□ Feeling grouchy
□ Excessive worrying
□ Skin picking, hair pulling, or nail biting

□ Feeling worthless
□ Poor appetite
□ Overeating or binging/purging
□ Feeling sad
□ Feeling tense or on edge
□ Feeling angry
□ Difficulty concentrating
□ Trouble sleeping
□ Can't sit still or antsy
□ Acts without thinking
□ Problems handling money
□ Nightmares
□ Flashbacks
□ Mood swings

□ Unmotivated, procrastinating
□ Avoiding things
□ Parenting concerns
□ Sexual concerns
□ Threatens or bullies others
□ Fast heartbeat
□ Struggles to make/keep friends
□ Avoiding going places
□ Problems with parents
□ Problems with partner
□ Fighting and quarreling
□ Family conflict
□ Relationship issues

□ Dislike my body
□ Restricting eating
□ Hearing voices
□ Excessive drinking
□ Drug use
□ Legal problems
□ Excessive exercising
□ I don't feel safe at home
□ Thoughts of hurting others
□ Self-injurious behaviors
□ Thoughts of suicide
□ Issues related to sexuality or gender identity
□ ____________________

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Are there any past mental health concerns that you are no longer experiencing? If so, what concerns, approximately when did you experience them, and for how long? ______________________________

FAMILY INFORMATION

*(Please indicate with an * who lives in the home)*

NAME	GENDER	AGE	EDUCATION	OCCUPATION
CLIENT (S)				
	☐ M ☐ F			
	☐ M ☐ F			
SPOUSE/PARTNER				
	☐ M ☐ F			
PARENTS				
________ ☐ Biological ☐ Adoptive ☐ Step Parent	☐ M ☐ F			
________ ☐ Biological ☐ Adoptive ☐ Step Parent	☐ M ☐ F			
________ ☐ Biological ☐ Adoptive ☐ Step Parent	☐ M ☐ F			
________ ☐ Biological ☐ Adoptive ☐ Step Parent	☐ M ☐ F			
CHILDREN IN THE HOME				
________ ☐ Biological ☐ Adopted ☐ Step Child	☐ M ☐ F			
________ ☐ Biological ☐ Adopted ☐ Step Child	☐ M ☐ F			
________ ☐ Biological ☐ Adopted ☐ Step Child	☐ M ☐ F			
________ ☐ Biological ☐ Adopted ☐ Step Child	☐ M ☐ F			
________ ☐ Biological ☐ Adopted ☐ Step Child	☐ M ☐ F			
________ ☐ Biological ☐ Adopted ☐ Step Child	☐ M ☐ F			

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A. **ELECTRONIC ACCOUNT**: You may access your account, update your information, schedule an appointment, send me a secure message, view monthly statements, and pay your bill online. Please visit www.therapyappointment.com. Click "Find your Therapist." Search for my name. Enter your username and password. Please indicate here what you would like your username and temporary password to be:

LOGIN NAME (please print clearly – case sensitive):

|___|___|___|___|___|___|___|___|___|___|___|___|___|___|___| (max 15 characters, letters and/or numbers only – NO symbols)

TEMPORARY PASSWORD (you will be prompted to change this upon first log-in):

| _ P _ | _ a _ | _ s _ | _ s _ | _ w _ | _ o _ | _ r _ | _ d _ | _ 1 _ |

If you do not provide a login, you will be assigned:

LOGIN NAME (case sensitive): LastnameFirstinitial

B. **PAYMENT INFORMATION**: My fee schedule is as follows:

Initial Appointment (90791) - $230
60 Minute Session (90837) - $200
45 Minute Session (90834) - $175
45 Minute Family/Couples Counseling (90847) - $200

Participation in Legal/Court Proceedings (Including preparation, travel, and court time) - $400/hour
Medical Records Request/Written Correspondence: $50 per document
Missed Appointment/Late Cancellation: $65

Fees for any services including and beyond the above mentioned will be discussed at the time of service.

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A. **ELECTRONIC ACCOUNT**: You may access your account, update your information, schedule an appointment, send me a secure message, view monthly statements, and pay your bill online. Please visit www.therapyappointment.com. Click "Find your Therapist." Search for my name. Enter your username and password. Please indicate here what you would like your username and temporary password to be:

LOGIN NAME (please print clearly – case sensitive):

|___|___|___|___|___|___|___|___|___|___|___|___|___|___|___| (max 15 characters, letters and/or numbers only – NO symbols)

TEMPORARY PASSWORD (you will be prompted to change this upon first log-in):

| _ P _ | _ a _ | _ s _ | _ s _ | _ w _ | _ o _ | _ r _ | _ d _ | _ 1 _ |

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THIS NOTICE DESCRIBES HOW PERSONAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.
* PLEASE REVIEW IT CAREFULLY. Effective April 14, 2003

HIPAA & RECIPIENT RIGHTS: A federal act called the Health Insurance Portability and Accountability Act (HIPAA) gives you some additional rights to what you have through state laws. This notice gives you information on these additional rights through HIPAA.

UNDERSTANDING THE TYPE OF INFORMATION I HAVE: I obtain information about you when you receive services through Jessica Hansen PLLC. It includes your date of birth, gender, Social Security Number and other personal information.

MY PRIVACY COMMITMENT TO YOU: I care about your privacy. The information I collect about you is private. I am required to give you a notice of our privacy practices. Only people who have both the need and legal right may see your information. Unless you give me permission in writing, I will only disclose your information for purposes of treatment/services, payment, business operations or when I am required by law to do so. I am required by law to maintain the privacy and security of your protected health information. I will promptly let you know if a breach occurs that may have compromised the privacy or security of your information.

*Treatment/Services: I may disclose information about you with your written consent to coordinate your services. For example, I may give information to your other healthcare providers.
*Payment: I may also use and disclose information so the care you get can be properly billed and paid for. For example, I will submit bills to your insurance company or other entities.
*Business Operations: I may need to use and disclose information for my business operations. For example, I may use information to review the quality of the services you receive.
*Exceptions: For certain kinds of records, your permission may be needed even for release for treatment, payment, and business operations.
*As Required By Law: I will release information when I am required by law to do so. Examples of such releases would be for law enforcement or national security purposes, workers' compensation claims, medical examiner or funeral director if an individual dies, subpoenas or other court orders, communicable disease reporting, review of our activities by government agencies, to avert a serious threat to health or safety, reporting suspected abuse, neglect, or domestic violence, or in other kinds of emergencies.
*With Your Permission: If you give permission in writing, I may use and disclose your personal information. If you give permission, you have the right to change your mind and revoke it. This must be in writing also. I cannot take back any uses or disclosures already made with your permission.

YOUR PRIVACY RIGHTS: You have the following rights regarding the health information that I have about you. Your requests must be made in writing to Jessica Hansen PLLC.

*Your Right to Inspect and Copy: In most cases, you have the right to look at or get copies of your paper or electronic health records. I will provide a copy or a summary of your health information, usually within 30 days of your request. You may be charged a fee for the cost of copying records.
*Your Right to Amend: You may ask me to change your records if you feel that there is a mistake. I can deny your request for certain reasons, but I will give you a written reason for our denial within 60 days.
*Your Right to a List of Disclosures: You have the right to ask for a list of disclosures or your health information for six years prior to the date you ask, who I shared it with and why. This list will not include the times that information was disclosed for treatment, payment, or business operations. This list will not include information provided directly to you or your family, or information that was sent with your authorization.
*Your Right to Request Restrictions on Our Use or Disclosure of Information: You have the right to ask for limits on how your information is used or disclosed. I am not required to agree to your request if it would affect your care. If you pay for your services out-of-pocket in full, you can request that I not share that information for the purpose of payment or my operations with your health insurer unless a law requires me to share that information.
*Your Right to Request Confidential Communications: You have the right to ask that I share information with you in a certain way or in a certain place. For example, you may ask me to send information to your work address instead of your home address. You do not have to explain the basis for your request.

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*Your Right to Choose Someone to Act on Your Behalf: If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information. I will make sure that person has this authority and can act for you before I take any action.

*Your Right to Share Health Information: You have both the right and choice for me to share information with your family, close friends, or others involved in your care or share information in a disaster relief situation. I never share psychotherapy notes unless you give me written permission or in response to a complaint filed against me. I never market or share personal information.

CHANGES TO THIS NOTICE: I reserve the right to revise this notice. A revised notice will be effective for information I already have about you as well as any information I may receive in the future. I am required by law to comply with whatever notice is currently in effect. Any changes to the notice will be published on my website at www.jhansencounseling.com. If the changes are material, a new notice will be mailed to you before it takes effect.

HOW TO USE YOUR RIGHTS UNDER THIS NOTICE: If you have questions or would like more information, you may contact me at (269) 520-0050. If you believe your privacy rights have been violated, you can file a complaint with me or the Department of Health and Human Services. You will not be penalized for filing a complaint.

COMPLAINTS AND COMMUNICATIONS: You may write to me: Jessica Hansen PLLC, 5400 Holiday Terrace, Suite 200A, Kalamazoo, MI 49009. (269) 520-0050. jessica@jhansencounseling.com.

COMPLAINTS TO THE FEDERAL GOVERNMENT: You may write: Office of Civil Rights, Dept. of Health & Human Services, 200 Independence Ave, SW, Washington, DC 20201. (877) 696-6775. Website: www.hhs.gov/ocr/privacy/hipaa/complaints/

COPIES OF THIS NOTICE: You have the right to receive an additional copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice. Please call or write to me to request a copy. This adds to your protections through Recipient Rights.

CLIENT COPY